Healthy&Active MORETON

Provider Guide 2025





moretonbay.qld.gov.au

About Healthy & Active Moreton

Healthy & Active Moreton is a key initiative of the City of Moreton Bay.

The purpose of Healthy & Active Moreton is to provide opportunities to enable our communities to make healthy and active lifestyle choices in Moreton Bay.

Healthy & Active Moreton focus areas:

- 1. Provide a wide range of sport, recreation, fitness and wellness activities that cater to the diverse needs and interests of our communities.
- 2. Deliver the Active Holidays program for children and young people (up to 17 years of age) during the school holidays.
- 3. Provide more opportunities for under-represented groups to participate in programs, particularly new and emerging communities.
- 4. Support approved Healthy & Active Moreton Providers to deliver sustainable and inclusive activities that enable residents to make healthy and active lifestyle choices.
- 5. All activities are:
 - > Free or low cost.
 - > Provide community benefit and value for money.
 - > Group based, suitable for beginners and of low-to-medium intensity.
 - > Community focused and delivered in Moreton Bay.
 - > Delivered in a professional, safe and inclusive environment.
 - > No longer than 3 hours in duration, unless otherwise arranged or discussed with Council.

Our inclusion focus

Healthy & Active Moreton is committed to providing more opportunities for underengaged and/or under-represented communities, including:

- Aboriginal and Torres Strait Islander peoples
- Culturally and Linguistically Diverse peoples
- > People with disability
- > People who identify as LGBTQIA+
- > Women and girls
- > Young people
- > Older people



Partner with City of Moreton Bay

Become a Healthy & Active Moreton Provider and champion a healthy and active lifestyle in Moreton Bay.

Register your interest

If you deliver community activities or workshops that improve physical, mental or social wellbeing, we would love to hear from you.



Scan the QR code or visit moretonbay.qld.gov.au/become-an-activity-provider to register your interest.

Submission does not automatically warrant approval or inclusion in the program and late submissions will not be considered.

Program selection criteria

- > Alignment of the Activity with the program purpose and focus areas (page 2).
- > Demonstrated qualifications and experience providing sport, recreation, fitness or wellness activities and workshops.
- > Demonstrated Activity need and overall suitability of the Activity.



Provider arrangements

Individuals, businesses and not-for-profit organisations may be engaged as a Healthy & Active Moreton Provider under a Supplier (contracted) or Ambassador arrangement. The benefits of each arrangement are listed below.

Benefit	Arrangement
Funding to deliver the Activity. Suppliers: For payment rates, refer to the Program Schedule of Rates on page 5. Ambassadors may generate income through participant bookings in accordance with the terms and conditions of delivery.	Suppliers Ambassadors
Business exposure through promotion of the Activity in Council's Healthy & Active Moreton timetable and newsletter, and other associated online timetables, newsletters and social media pages.	Suppliers Ambassadors
System and customer service support to manage participant bookings for the Activity.	Suppliers (Not-for-profit, Active Holidays) Ambassadors (Not-for-profit, on approval)
Support to access City of Moreton Bay parks, community halls and other public spaces or external venues.	Suppliers (on approval) Ambassadors (on approval)
Individualised Healthy & Active Moreton marketing and promotion resources to assist you in promoting the Activity.	Suppliers Ambassadors (on approval)

Terms and Conditions of Delivery (Preview)

Providers must:

- > Have a public liability insurance policy for not less than \$20,000,000 or for such higher amount as Council requires from time to time (or as discussed).
- > Ensure that their agents, employees, subcontractors and consultants are fully trained, capable and qualified to implement the Activity safely.
- > Have in place current risk management and safety plans for the Activity.
- Ensure first aid is available for the Participant (as well as any other persons in connection with the Activity) as well as a plan for urgent medical attention.
- Not charge more than \$15.00 per person (applies to Ambassadors only).

- Have capacity to manage participant bookings for the Activity, and process payments (if applicable).
- Agree to submit a Participant list after the delivery of each Activity (if applicable).
- Hold an agreement with a Venue (on terms acceptable to Council) and comply with their conditions of hire (if applicable).
- Have no outstanding debt or compliance issues with council.
- Hold a Council permit to conduct a business in a public place, unless otherwise arranged or discussed with Council.

For full terms and conditions visit: <u>https://www.moretonbay.qld.gov.au/Services/Sport-Recreation/Healthy-And-Active-Moreton/Healthy-Active/EOI</u>

Program delivery periods

Program dates

Program name	Program Start	Program End
Healthy & Active Moreton	27/01/2025	15/06/2025
Active Holidays Summer	13/01/2025	26/01/2025
Active Holidays Autumn	07/04/2025	20/04/2025



Weekly programs

Weekly activities are split into eight (8) and ten (10) week blocks around the school holidays. These are the two blocks for the above program delivery period. Council will determine which block your activity falls within based on the program criteria.

		Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10
	Monday	27/01/2025	3/02/2025	10/02/2025	17/02/2025	24/02/2025	3/03/2025	10/03/2025	17/03/2025	24/03/2025	31/03/2025
	Tuesday	28/01/2025	4/02/2025	11/02/2025	18/02/2025	25/02/2025	4/03/2025	11/03/2025	18/03/2025	25/03/2025	1/04/2025
	Wednesday	29/01/2025	5/02/2025	12/02/2025	19/02/2025	26/02/2025	5/03/2025	12/03/2025	19/03/2025	26/03/2025	2/04/2025
Block 1	Thursday	30/01/2025	6/02/2025	13/02/2025	20/02/2025	27/02/2025	6/03/2025	13/03/2025	20/03/2025	27/03/2025	3/04/2025
	Friday	31/01/2025	7/02/2025	14/02/2025	21/02/2025	28/02/2025	7/03/2025	14/03/2025	21/03/2025	28/03/2025	4/04/2025
	Saturday	1/02/2025	8/02/2025	15/02/2025	22/02/2025	1/03/2025	8/03/2025	15/03/2025	22/03/2025	29/03/2025	5/04/2025
	Sunday	2/02/2025	9/02/2025	16/02/2025	23/02/2025	2/03/2025	9/03/2025	16/03/2025	23/03/2025	30/03/2025	6/04/2025

		Week 11	Week 12	Week 13	Week 14	Week 15	Week 16	Week 17	Week 18	Week 19	Week 20
	Monday	Active Holidays	Active Holidays	21/04/2025	28/04/2025	5/05/2025	12/05/2025	19/05/2025	26/05/2025	2/06/2025	9/06/2025
	Tuesday	Active Holidays	Active Holidays	22/04/2025	29/04/2025	6/05/2025	13/05/2025	20/05/2025	27/05/2025	3/06/2025	10/06/2025
Block 2	Wednesday	Active Holidays	Active Holidays	23/04/2025	30/04/2025	7/05/2025	14/05/2025	21/05/2025	28/05/2025	4/06/2025	11/06/2025
	Thursday	Active Holidays	Active Holidays	24/04/2025	1/05/2025	8/05/2025	15/05/2025	22/05/2025	29/05/2025	5/06/2025	12/06/2025
	Friday	Active Holidays	Active Holidays	25/04/2025	2/05/2025	9/05/2025	16/05/2025	23/05/2025	30/05/2025	6/06/2025	13/06/2025
	Saturday	Active Holidays	Active Holidays	26/04/2025	3/05/2025	10/05/2025	17/05/2025	24/05/2025	31/05/2025	7/06/2025	14/06/2025
	Sunday	Active Holidays	Active Holidays	27/04/2025	4/05/2025	11/05/2025	18/05/2025	25/05/2025	1/06/2025	8/06/2025	15/06/2025

Childrens programs

Some childrens activities are scheduled over five (5) week blocks e.g. multi-sport programs. Use Week 1 start dates as a guide when selecting dates for your programs. NOTE: these activities may be delivered during the school holidays.

		Week 1	Week 2	Week 3	Week 4	Week 5
	Monday	27/01/2025	3/02/2025	10/02/2025	17/02/2025	24/02/2025
Block 1	Tuesday	28/01/2025	4/02/2025	11/02/2025	18/02/2025	25/02/2025
	Wednesday	29/01/2025	5/02/2025	12/02/2025	19/02/2025	26/02/2025
	Thursday	30/01/2025	6/02/2025	13/02/2025	20/02/2025	27/02/2025
	Friday	31/01/2025	7/02/2025	14/02/2025	21/02/2025	28/02/2025
	Saturday	1/02/2025	8/02/2025	15/02/2025	22/02/2025	1/03/2025
	Sunday	2/02/2025	9/02/2025	16/02/2025	23/02/2025	2/03/2025
		Week 1	Week 2	Week 3	Week 4	Week 5
	Monday	3/03/2025	10/03/2025	17/03/2025	24/03/2025	31/03/2025
	Tuesday	4/03/2025	11/03/2025	18/03/2025	25/03/2025	1/04/2025
	Wednesday	5/03/2025	12/03/2025	19/03/2025	26/03/2025	2/04/2025
Block 2	Thursday	6/03/2025	13/03/2025	20/03/2025	27/03/2025	3/04/2025
	Friday	7/03/2025	14/03/2025	21/03/2025	28/03/2025	4/04/2025
	Saturday	8/03/2025	15/03/2025	22/03/2025	29/03/2025	5/04/2025
	Sunday	9/03/2025	16/03/2025	23/03/2025	30/03/2025	6/04/2025
		Week 1	Week 2	Week 3	Week 4	Week 5
	Monday	7/04/2025	14/04/2025	21/04/2025	28/04/2025	5/05/2025
	Tuesday	8/04/2025	15/04/2025	22/04/2025	29/04/2025	6/05/2025
	Wednesday	9/04/2025	16/04/2025	23/04/2025	30/04/2025	7/05/2025
Block 3	Thursday	10/04/2025	17/04/2025	24/04/2025	1/05/2025	8/05/2025
	Friday	11/04/2025	18/04/2025	25/04/2025	2/05/2025	9/05/2025
	Saturday	12/04/2025	19/04/2025	26/04/2025	3/05/2025	10/05/2025
	Sunday	13/04/2025	20/04/2025	27/04/2025	4/05/2025	11/05/2025
		Week 1	Week 2	Week 3	Week 4	Week 5
	Monday	12/05/2025	19/05/2025	26/05/2025	2/06/2025	9/06/2025
Block 4	Tuesday	13/05/2025	20/05/2025	27/05/2025	3/06/2025	10/06/2025
	Wednesday	14/05/2025	21/05/2025	28/05/2025	4/06/2025	11/06/2025
	Thursday	15/05/2025	22/05/2025	29/05/2025	5/06/2025	12/06/2025
	Friday	16/05/2025	23/05/2025	30/05/2025	6/06/2025	13/06/2025
	Saturday	17/05/2025	24/05/2025	31/05/2025	7/06/2025	14/06/2025
	Sunday	18/05/2025	25/05/2025	1/06/2025	8/06/2025	15/06/2025

Schedule of Rates

The City of Moreton Bay will determine which band and service delivery category the Activity falls within and the appropriate payment rate and participant fee, based on the program selection criteria. The Schedule of Rates may be amended at the discretion of City of Moreton Bay.

	Supplie	ND 1 r managed okings	Supplie	ND 2 r managed bkings	BAND 3 Council managed bookings	
Service delivery category	Council Hourly Rate	Supplier participant fee	Council Hourly Rate	Supplier participant fee	Council Hourly Rate (Not-for-profit only)	
Archery	-	-	\$150.00	\$5.00	\$150.00	
Aquatic general e.g. aerobics, fitness, deep water running, exercise, movement	\$100.00	Nil	-	-	\$150.00	
Aquatic specialised e.g. hydrotherapy	\$150.00	Nil	-	-	\$150.00	
Aquatic specialised group swimming lessons for adults	\$250.00	Nil				
Ballet	\$100.00	Nil	\$60.00	\$4.00	\$100.00	
Cultural games or experiences (outdoor)	\$100.00	Nil	\$60.00	\$4.00	\$100.00	
Cycling skills, community rides	\$100.00	Nil	\$60.00	\$4.00	\$100.00	
Dancing skills/lessons	\$100.00	Nil	\$60.00	\$4.00	\$100.00	
Experiences incorporating movement or wellbeing e.g. yoga & art, art therapy	•	-	\$100.00	\$10.00	\$100.00	
Experience - Ice bath and breathwork	-	-	\$150.00	\$10.00	\$150.00	
Fishing skills and education	-	-	\$120.00	\$5.00	\$150.00	
Gardening for beginners	\$150.00	Nil	\$100.00	\$10.00	\$100.00	
Group classes - fitness, yoga, pilates, dancing	\$100.00	Nil	\$60.00	\$4.00	\$100.00	
Gymnastics, trampolining	\$100.00	Nil	\$60.00	\$4.00	\$100.00	
Healthy eating presentations and workshops incl. demonstrations (in-person delivery)	\$150.00	Nil	-	-	\$150.00	
Healthy eating workshops (hands-on, in-person delivery)	•	-	\$250.00	\$10.00	\$315.00	
Horse riding and care	-	-	\$150.00	\$5.00	\$150.00	

Schedule of Rates (continued)

		BAND 1 anaged bookings	Supplie	ND 2 r managed okings	BAND 3 Council managed bookings	
Service delivery category	Council Hourly Rate	Supplier participant fee	Council Hourly Rate	Supplier participant fee	Council Hourly Rate (Not-for-profit only)	
Meditation classes	\$100.00	Nil	\$60.00	\$4.00	\$100.00	
Mindfulness workshops	\$150.00	Nil	\$60.00	\$4.00	\$100.00	
Mountain biking and bike tours	-	-	\$150.00	\$10.00	\$150.00	
Multi-sports programs for children, incl. 5-week programs	\$100.00	Nil	\$60.00	\$4.00	\$100.00	
Online activities and programs (Zoom) e.g. fitness, yoga, meditation, healthy eating workshops	\$100.00	Nil	\$60.00	\$4.00	\$100.00	
Outdoor recreation (adventure) e.g. abseiling, bouldering, ropes and obstacle courses, rock climbing, team building	-	-	\$200.00	\$10.00	\$150.00	
Parkour	\$150.00	Nil	\$60.00	\$4.00	\$150.00	
Scooter, skateboarding, BMX - one coach	\$150.00	Nil	-	-	\$150.00	
Scooter, skateboarding, BMX - two coaches	\$230.00	Nil	-	-	\$230.00	
Self-defence, martial arts, tai chi and Qi Gong	\$100.00	Nil	\$60.00	\$4.00	\$100.00	
Sports and community come and try days incl. recreation activities	\$100.00	Nil	\$60.00	\$4.00	\$100.00	
Walking (guided tours)	\$150.00	Nil	\$60.00	\$4.00	\$150.00	

For more information about Healthy & Active Moreton:

- > Scan the QR code
- > Visit moretonbay.qld.gov.au/healthy-active
- > Email <u>healthyactive@moretonbay.qld.gov.au</u>
- > Contact (07) 3205 0555



